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Motivational Interviewing: Preparing People for Change, 2nd Edition, by William R. Miller and Stephen Rollnick, Guilford Publications, New York, NY, 2002, 428 pp, \$40.00. Health care professionals have long struggled to help patients and their families make behavioral changes that are necessary to improve health outcomes.

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~~Motivational Interviewing: Helping People Change...~~

Motivational interviewing is a directive, client-centred counselling style for eliciting behaviour change by helping clients to explore and resolve ambivalence.

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Motivational interviewing: preparing people for change. Miller, William R; Rollnick, Stephen, 1952-. Since the initial publication of this breakthrough work, Motivational Interviewing (MI) has been used by countless clinicians. Theory and methods have evolved apace, reflecting new knowledge on the process of behavior change, a growing body of outcome research, and the development of new applications within and beyond the addictions field.

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With an expanded focus on how people learn motivational interviewing, this new second edition will help readers gain both the knowledge and skills to prepare people to change their behavior and health habits.

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Extensively rewritten, this revised and expanded second edition now brings MI practitioners and trainees fully up to date. William R. Miller and Stephen Rollnick explain how to work through ambivalence to facilitate change, present detailed guidelines for using their approach, and reflect on the process of learning MI.

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William R. Miller, PhD, is Emeritus Distinguished Professor of Psychology and Psychiatry at the University of New Mexico. He introduced motivational interviewing in a 1983 article in the journal Behavioral Psychotherapy and in the first edition of Motivational Interviewing: Helping People Change, written with Stephen Rollnick, in 1991. Dr.

~~Motivational Interviewing: Helping People Change, 3rd...~~

Sep 01, 2020 motivational interviewing preparing people for change second edition Posted By Arthur HaileyPublic Library TEXT ID 0688af40 Online PDF Ebook Epub Library Motivational Interviewing Quotes By William R Miller

A revised and expanded second edition of the foundation text of motivational interviewing in counseling explains how to work through ambivalence to facilitate change, presents detailed guidelines for using the MI approach with a variety of clinical populations, and reflects on the process of learning MI. Leading experts then address such topics as MI and the stages-of-change model; using the approach with groups, couples, and adolescents; and applications to general medical care, health promotion, and criminal justice settings.

This bestselling work has introduced hundreds of thousands of professionals and students to motivational interviewing (MI), a proven approach to helping people overcome ambivalence that gets in the way of change. William R. Miller and Stephen Rollnick explain current thinking on the process of behavior change, present the principles of MI, and provide detailed guidelines for putting it into practice. Case examples illustrate key points and demonstrate the benefits of MI in addictions treatment and other clinical contexts. The authors also discuss the process of learning MI. The volume 's final section brings together an array of leading MI practitioners to present their work in diverse settings.

This is the authoritative, bestselling guide that professionals and students turn to for a complete introduction to motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI -- engaging, focusing, evoking, and planning -- and vividly demonstrates what they look like in action. A wealth of vignettes and interview examples illustrate the "dos and don'ts" of successful implementation in diverse contexts. Highly accessible, the book is infused with respect and compassion for clients. The companion Web page provides additional helpful resources, including reflection questions, an extended bibliography, and annotated case material. New to This Edition: Reflects major advances in understanding and teaching MI. Fully restructured around the new four-process model. All chapters now authored by Miller and Rollnick. Additional case examples and counseling situations. Reviews the growing evidence base and covers ways to assess MI fidelity. Pedagogical Features Include: Online reflection questions and annotated cases, ideal for classroom discussion. Bulleted key points at the end of each chapter. Engaging boxes with special topics and personal reflections. Extended bibliography and quick-reference glossary. This title is part of the Applications of Motivational Interviewing Series, edited by Stephen Rollnick and William R. Miller.

Many tens of thousands of mental health and health care professionals have used this essential book--now significantly revised with 70% new content reflecting important advances in the field--to develop and sharpen their skills in motivational interviewing (MI). Clear explanations of core MI concepts are accompanied by carefully crafted sample dialogues, exercises, and practice opportunities. Readers build proficiency for moving through the four processes of MI--engaging, focusing, evoking, and planning--using open-ended questions, affirmations, reflective listening, and summaries (OARS), plus information exchange. In a large-size format for easy photocopying, the volume includes more than 80 reproducible worksheets. Purchasers get access to a companion website where they can download and print the reproducible materials. New to This Edition \*Fully revised and restructured around the new four-process model of MI. \*Chapters on exploring values and goals and "finding the horizon." \*Additional exercises, now with downloadable worksheets. \*Teaches how to tailor OARS skills for each MI process. \*Integrates key ideas from positive psychology. Winner (First Place)--American Journal of Nursing Book of the Year Award, Adult Primary Care Category This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

The definitive text on motivational interviewing (MI) written by and for social workers has now been updated and expanded with 60% new material, including a revised conceptual framework, cutting-edge applications, and enhanced pedagogical features. Melinda Hohman and her associates demonstrate what MI looks like in action, how it transforms conversations with clients, and how to integrate it into social work practice in a wide range of settings. Extensive new case examples and annotated sample dialogues bring the concepts to life, helping readers build their own repertoires of MI skills. The book also summarizes the research base for MI and shares expert recommendations for teaching, training, and professional development. New to This Edition \*Expanded and restructured around the current four-process model of MI (engaging, focusing, evoking, and planning). \*Content is explicitly linked to the

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Council on Social Work Education's Educational Policy and Accreditation Standards (EPAS) and the Grand Challenges for Social Work. \*Chapter on MI through the lens of critical race theory. \*Chapter on innovative applications in the areas of trauma, food insecurity, and environmental justice. \*Additional pedagogical features--"Voices from the Field" boxes written by social workers in a variety of roles, and end-of-chapter reflection questions. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

This authoritative guide, now significantly revised and expanded, has given tens of thousands of clinicians proven tools for helping clients resolve ambivalence and mobilize their energy, commitment, and personal resources for change. Leading experts describe ways to combine motivational interviewing (MI) with other treatments for a wide range of psychological problems, including depression, anxiety disorders, eating disorders, posttraumatic stress disorder, and others. Chapters illustrate the nuts and bolts of intervention, using vivid clinical examples, and review the empirical evidence base. Contributors show how to tailor MI to each population's needs, whether used as a pretreatment or throughout the course of therapy. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers. New to This Edition \*Many new authors. \*Extensively revised with the latest theory, practices, and research. \*Chapters on domestic violence, addictions, and smoking cessation with adolescents. \*Chapter on transdiagnostic treatment.

This book integrates neuroscience with relationship science and unites disparate psychotherapeutic approaches into a model that is concise and straightforward, yet sufficiently comprehensive to provide a framework for practice. (Psychiatric)

This informative and straightforward book explores the emergence of motivational interviewing (MI) and cognitive behavioural therapy (CBT), with specific attention given to the increasing focus on the central importance of the therapeutic alliance in improving client outcomes. Comprising 30 short chapters divided into two parts – theory and practice – this entry in the popular "CBT Distinctive Features Series" covers the key features of MI-informed CBT, offering essential guidance for students and practitioners experienced in both MI and CBT, as well as practitioners from other theoretical orientations who require an accessible guide to this developing approach.

A valuable resource for mental health professionals and those in training, the second edition of Making Mandated Addiction Treatment Work integrates cutting edge research with evidence-based addiction treatments to create a unified and effective treatment model for a diverse array of clients.

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